

LoveSpeak Ministries

Marriage and Family Counseling

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PRE-COUNSELING INTAKE FORM

The following information is kept in strictest confidence according to the federal statutes in the HIPAA requirements.

Please provide the following information for our records. Leave blank any question you would rather not answer. Information you provide here is held to the same standards of confidentiality as our counseling sessions. If obtaining this form one line, please print out this form and bring it to your first session

Name: _____
(Last) (First) (Middle Initial)

Name of parent/guardian (if you are a minor):

_____ (Last) (First) (Middle Initial)

Birth Date: ____ / ____ / ____ Age: _____ Gender: Male Female

Marital Status:

_____ Never Married Partnered Married Separated

Divorced Widowed

Number of Children: _____

Local Address: _____
(Street and Number)

(City) (State) (Zip)

Home Phone: () _____

Cell/Other Phone: () _____

E-mail: _____

How did you hear about us: _____

GENERAL INFORMATION

1. If Married, how long?

Your birth date

The name of your spouse

Spouse's age

2. Do you have a job? If so, how long?

Work phone

Where are you employed? _____

What kind of work do you do? _____

3. Do you have brothers or sisters and how many each? _____

4. Are your parents married? Or (circle one): Separated? Divorced? Remarried?

If still together, how long have they been married?

Father's age and name _____

Mother's age and name _____

5. Do you have any children? If yes, how many? Please give names and ages of children

6. Have you been divorced? _____

7. Has your mate been divorced before? _____

8 Do you have a family history of alcohol/drug abuse? If so, please explain

9. Do you still struggling with chemical or drug dependency? If yes, please explain

10. Have you or anyone in your family had professional counseling before?

If yes, please explain _____

11. Do you believe in God? Please explain

If your answer is YES to any of the following questions, please explain:

12. Are you struggling with any recent trauma or emotional issues?

13. Have you ever been a victim of domestic violence? _____

If yes, do you feel safe from the perpetrator/s at this time? _____ Yes _____ No

14. Have you been a victim of physical abuse? _____

15. Have you been a victim of sexual abuse? _____

16. Have you been a victim of emotional abuse? _____

17. Have you been a victim of rape? _____

18. Have you been a victim of incest? _____

19. Do you have any difficulty expressing or controlling feelings of any kind? *

20. Have you ever been or currently involved with pornography?

Are you currently receiving psychiatric services, professional counseling or psychotherapy elsewhere? Yes No

Have you had previous Counseling or psychotherapy? (circle one)

No / Yes, at Previous therapist's name _____

Are you currently taking prescribed psychiatric medication (antidepressants or others)?

Yes No If Yes, please list: _____

If no, have you been previously prescribed psychiatric medication?

Yes No If Yes, please list: _____

21. Have you had an abortion? _____

22. Are you able to process anger in a healthy manner? * If no explain

23. Have you had a police record or jail sentence? *

If yes explain: _____

24. Are you currently on probation, parole or court monitor of any kind? If yes,

What county: _____

Stipulations: _____

Reporting requirements:

27. Have you ever been incarcerated?

If yes, when was the most recent date? _____

28. Do you have a history of violent or combative behavior? * If

yes, please describe:

29. Any criminal history within the past 10 years?

If yes please describe the charges and violations, approximate date of each occurrence:

30. Do you have any upcoming court appearances that you need to attend? If so, list dates & location:

31. Do you have any medical conditions or illnesses? * If yes, please describe:

32. Are you currently under care for any medical condition? If yes, please describe:

33. Do you have any type of physical disability or limitations?
If yes, please describe: _____

34. Are you currently experiencing any physical symptoms or complaints that may need medical attention?
If yes, please describe: _____

35. Are you currently taking any prescription medications? *
If yes, please explain _____

Name of Medication

Dosage Amounts

1. How is your physical health at present? (please circle)

Poor Unsatisfactory Satisfactory Good Very good

2. Please list any persistent physical symptoms or health concerns (e.g. chronic pain, headaches, hypertension, diabetes, etc.):

3. Are you having any problems with your sleep habits? No

If yes, check where applicable:

Sleeping too little Sleeping too much Poor quality sleep

Other _____

4. How many times per week do you exercise? _____

Approximately how long each time? _____

Disturbing dreams? Yes No

5. Are you having any difficulty with appetite or eating habits? Yes No

If yes, check all applicable: Eating less/ Eating more Binging Restricting

Have you experienced significant weight change in the last 2 months? No Yes

6. Do you regularly use alcohol? No Yes

In a typical month, how often do you have 4 or more drinks in a 24-hour period? _____

7. How often do you engage in recreational drug use?

Daily Weekly Monthly Rarely Never

8. Have you had suicidal thoughts recently? Frequently Sometimes Rarely

Have you had them in the past? Frequently Sometimes Rarely Never

9. Are you currently in a romantic relationship? No Yes

If yes, how long have you been in this relationship? _____

On a scale of 1-10, how would you rate the quality of your current relationship? _____

10. In the last year, have you experienced any significant life changes or stressors:

Have you ever experienced:

Extreme depressed mood: No Yes

Wild Mood Swings: No Yes

Rapid Speech: No Yes

Extreme Anxiety: No Yes

Panic Attacks: No Yes

Phobias: No Yes

Sleep Disturbances: No Yes

Hallucinations: No Yes

Unexplained losses of time: No Yes

Unexplained memory lapses: No Yes

Alcohol/Substance Abuse: No Yes

Frequent Body Complaints: No Yes

Eating Disorder: No Yes

Body Image Problems: No Yes

Repetitive Thoughts (e.g., Obsessions) : No Yes

Repetitive Behaviors (e.g., Frequent Checking, Hand-Washing) : No

Yes

Homicidal Thoughts: No Yes

Suicide Attempt: No Yes

Comments or Explanation concerning any of your answers:

Are you currently employed? No Yes

If yes, who is your current employer/position?

If yes, are you happy at your current position?

Please list any work-related stressors, if any: _____

RELIGIOUS/SPIRITUAL INFORMATION:

Do you consider yourself to be religious? No Yes

If yes, what is your faith? _____

If no, do you consider yourself to be spiritual? No Yes

FAMILY MENTAL HEALTH HISTORY:

Has anyone in your family (either immediate family members or relatives) experienced difficulties with the following? (circle any that apply and list family member, e.g., Sibling, Parent, Uncle, etc.):

| Difficulty | Family Member |
|------------|---------------|
|------------|---------------|

Depression: No Yes

Bipolar Disorder: No Yes

Anxiety Disorders: No Yes

Panic Attacks: No Yes

Schizophrenia: No Yes

Alcohol/Substance Abuse: No Yes

Eating Disorders: No Yes

Learning Disabilities: No Yes

Trauma History: No Yes

Suicide Attempts: No Yes

FAMILY HISTORY ANALYSIS

Please complete each question as thoroughly as possible. This will help me understand you and your family background and will help us build toward a positive mental attitude.

I would like to know about your FATHER. (If you have a stepfather, please describe the one you feel closest to or the one you regard as your father). Give your impressions in REFERENCE TO YOUR CHILDHOOD.

List what you feel are the positive qualities of your father.

List what you feel are the negative qualities of your father.

Describe how you feel about your father. (Did you BOND together or feel rejected?)

What emotions does he express openly and how?

Describe how you and your father communicate.

Describe the most pleasant and unpleasant experiences with your father.

What was your father's goal for your life? (How did he express it to you?)

In what ways are you like your father?

I would like to know about your MOTHER. (If you have a stepmother, please describe the one you feel closest to or the one you regard as your mother). Give your impressions in REFERENCE TO YOUR CHILDHOOD.

List what you feel are the positive qualities of your mother.

List what you feel are the negative qualities of your mother.

Describe how you feel about your mother. (Did you BOND together or feel rejected?)

What emotions does she express openly and how?

Describe how you and your mother communicate.

Describe the most pleasant and unpleasant experiences with your mother?

What was your mother's goal for your life? (How did she express it to you?)

In what ways are you like your mother?

What do you consider to be your strengths?

What do you consider to be your weaknesses?

What do you like most about yourself?

What do you dislike about yourself?

What are effective coping strategies that you've learned?

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Personal Agreement

I understand that I may be asked to do certain "homework exercises" such as reading, praying, changing behaviors, and otherwise acting in my own best interest. I understand that I am entirely responsible for my own actions and I will always make my own final decisions regarding counseling.

Counseling does not assess blame nor focus on anyone individual in this regard; there is neither prejudice no faultfinding, what is commonly referred to as "man or husband bashing." (Galatians 3:27). All are considered equally! Instead, there is an honest search for and help you resolve the problems that are plaguing the marriage, family or other significant relationships. This is the focus of the LoveSpeak ministry.

I further understand that much of the work done will be to resolve issues and will depend on my honesty, and willingness to do the things I need to do to move forward even if I am not always in agreement with the direction, or it is painful and appears to be too difficult.

I understand that whatever I say in a session is strictly confidential and will not be released to anyone without my consent unless I am violating codes of abuse, harm to myself or others.

(client signature and date)

As your counselor, I am privileged to share your personal problems in life and offer assistance through the Word of God and select training to achieve your goals and restore the peace, harmony and joy as much as is humanly possible. I will offer you the knowledge, expertise, study, experience and training along with the insight, wisdom, and spiritual guidance that the Bible affords.

I value you as a person in need of care and you can expect truth from me even when you may not want to hear it. I will always have compassion and empathy for you in all that we do.

John L. Price

Certified Temperament Counselor
Certified Christian Counselor
Professional Clinical Member
NCCA